Novel Coronavirus (COVID-19): Myths and facts

	Myth: A person can be infected by COVID-19 by eating eggs, chicken and meat.	Fact: There is currently NO evidence for COVID-19 transmission due to eating eggs, chicken and meat. It is always important to follow good hygiene practices.
	Myth: COVID-19 cannot survive in high temperature.	Fact: COVID-19 can be transmitted in ALL areas including areas with hot and humid climates.
	Myth: Taking a hot bath can prevent COVID-19 infection.	Fact: Hot baths WILL NOT prevent you from catching COVID-19. Your normal body temperature remains around 36.5°C, regardless of bath or shower temperature.
	Myth: COVID-19 can be transmitted through mosquito bites.	Fact: There is currently NO evidence of transmission of COVID-19 by mosquito.
	Myth: Eating garlic can help prevent infection with COVID-19.	Fact: There is NO evidence that eating garlic can protect from COVID-19.
†	Myth: COVID-19 affects older people and not younger ones.	Fact: People of ALL AGES can be infected by COVID-19.
Ġ	Myth: Consuming alcohol can protect from COVID-19 infection.	Fact: Drinking alcohol DOES NOT kill the virus.
\$	Myth: COVID-19 is a disease of affluence.	Fact: ANYONE CAN be infected with COVID-19 irrespective of their social status.
	Myth: Antibiotics are effective in preventing and treating the new coronavirus.	Fact: Taking antibiotics WILL NOT prevent or treat COVID-19. Antibiotics DO NOT work against viruses.



This 'myths and facts' was developed as part of a rapid evidence synthesis prepared on request from the National Health Systems Resource Centre, India to inform development of plans and resources to ensure preparedness of frontline health workers for COVID-19